

VBCSM 2 6: Session: 3: COACH Evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mentens Nele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 09:06
Heat: 1/4 Lane : 2 Athlete: BERTOLAZZI MONA					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 09:06
Heat: 1/4 Lane : 6 Athlete: DE BRIER ROSALIE					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 09:10
Heat: 3/4 Lane : 3 Athlete: KERCKHOFS NIENKE					Q-time: 01:19:22
PB (25m pool): 01:19.22 Mol 28/12/2025		PB (50m pool): 01:23.89 SB: 01:19.22 Mol 28/12/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.17		01:19.22	
	00:36.17		00:43.05		
					

Coach feedback:

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Event number: 19: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 09:12
Heat: 4/4 Lane : 5 Athlete: VANDERLINDEN PAULIEN					Q-time: 01:09:16
PB (25m pool): 01:09.16 LEUVEN 23/11/2025					PB (50m pool): 01:11.15 SB: 01:09.16 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.06		01:09.16	
	00:32.06		00:37.10		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:18
Heat: 2/4 Lane : 5 Athlete: VANGENECHTEN MATTHIAS					Q-time: 01:50:25
PB (25m pool): 01:55.28 Pelt 05/10/2025					PB (50m pool): 01:50.25 SB: 01:55.28 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.00		01:55.28	
	00:57.00		00:58.28		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:18
Heat: 2/4 Lane : 7 Athlete: VANINBROUKX TOON					Q-time: 01:54:74
PB (25m pool): 01:55.50 Pelt 05/10/2025					PB (50m pool): 01:54.74 SB: 01:55.50 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.00		01:55.50	
	00:56.00		00:59.50		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 09:20
Heat: 3/4 Lane : 2 Athlete: SCHEEPERS ELIAZ					Q-time: 01:39:78
PB (25m pool): 01:39.78 Tienen 26/10/2025					PB (50m pool): 01:55.53 SB: 01:39.78 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.65		01:39.78	
	00:47.65		00:52.13		
					

Coach feedback:

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Event number: 20: 100M BREASTSTROKE MEN 11+				Heat:4, starttime: 09:22	
Heat: 4/4 Lane : 4 Athlete: VAN HOOFF COBE				Q-time: 01:11:01	
PB (25m pool): 01:11.01 LEUVEN 23/11/2025				PB (50m pool): 01:13.81 SB: 01:11.01 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.17		01:11.01	
	00:33.17		00:37.84		
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 09:28	
Heat: 2/5 Lane : 6 Athlete: VANMECHELEN KATO				Q-time: 01:47:60	
PB (25m pool): 01:50.69 Pelt 05/10/2025				PB (50m pool): 01:47.60 SB: 01:50.69 Pelt 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.66		01:50.69	
	00:50.66		01:00.03		
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 09:30	
Heat: 3/5 Lane : 2 Athlete: VANGENECHTEN ANNA				Q-time: 01:42:53	
PB (25m pool): 01:46.25 Tremelo 25/05/2025				PB (50m pool): 01:42.53 SB: 01:48.98 Pelt 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.11		01:46.25	
	00:51.11		00:55.14		
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 11+				Heat:5, starttime: 09:34	
Heat: 5/5 Lane : 7 Athlete: KERCKHOFS WOUKE				Q-time: 01:30:53	
PB (25m pool): 01:30.53 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 01:34.75 SB: 01:30.53 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.15		01:30.53	
	00:45.15		00:45.38		
					

Coach feedback:

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Event number: 21: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 09:34
Heat: 5/5 Lane : 8 Athlete: GHOOS KATO					Q-time: 01:31:53
PB (25m pool): 01:31.53 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:33.90 SB: 01:31.53 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.14		01:31.53	
	00:44.14		00:47.39		
					

Coach feedback:

Event number: 24: 50M BREASTSTROKE MEN 11+					Heat:2, starttime: 10:20
Heat: 2/2 Lane : 5 Athlete: VAN HOOFF COBE					Q-time: 00:32:65
PB (25m pool): 00:32.65 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:33.61 SB: 00:32.65 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M			
PB		00:32.65			
	00:32.65				
					

Coach feedback:

Event number: 25: 50M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 10:24
Heat: 3/3 Lane : 2 Athlete: VANDERLINDEN PAULIEN					Q-time: 00:37:31
PB (25m pool): 00:37.31 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:39.15 SB: 00:37.31 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M			
PB		00:37.31			
	00:37.31				
					

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11+					Heat:3, starttime: 10:28
Heat: 3/6 Lane : 1 Athlete: SCHEEPERS ELIAZ					Q-time: 00:39:59
PB (25m pool): no time PB (50m pool): 00:39.59 SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 26: 50M FREESTYLE MEN 11+			Heat:3, starttime: 10:28
Heat: 3/6 Lane : 3 Athlete: VANINBROUKX TOON			Q-time: 00:36:70
PB (25m pool): 00:36.70 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:37.09 SB: 00:36.70 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	
PB		00:36.70	
		00:36.70	
			

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 11+			Heat:3, starttime: 10:28
Heat: 3/6 Lane : 5 Athlete: VANGENECHTEN MATTHIAS			Q-time: 00:35:19
PB (25m pool): 00:35.19 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 00:35.19 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	
PB		00:35.19	
		00:35.19	
			

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 10:34
Heat: 1/6 Lane : 3 Athlete: BERTOLAZZI MONA			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 10:34
Heat: 1/6 Lane : 4 Athlete: DE BRIER ROSALIE			Q-time: 00:43:00
PB (25m pool): 00:43.00 Dilbeek 28/09/2025 PB (50m pool): no time SB: 00:43.00 Dilbeek 28/09/2025			
	2 5 M	5 0 M	
PB		00:43.00	
		00:43.00	
			

Coach feedback:

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Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 10:34
Heat: 1/6 Lane : 5 Athlete: VANMECHELEN KATO			Q-time: 00:43:09
PB (25m pool): 00:43.09 Aarschot 04/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.09	
		00:43.09	
			

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 10:34
Heat: 1/6 Lane : 6 Athlete: VANGENECHTEN ANNA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 10:36
Heat: 3/6 Lane : 4 Athlete: KERCKHOFS WOUKE			Q-time: 00:34:90
PB (25m pool): 00:35.32 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:34.90 SB: 00:35.32 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:35.32	
		00:35.32	
			

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 10:38
Heat: 5/6 Lane : 3 Athlete: KERCKHOFS NIENKE			Q-time: 00:29:83
PB (25m pool): 00:29.83 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:30.67 SB: 00:29.83 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:29.83	
		00:29.83	
			

Coach feedback:

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Event number: 27: 50M FREESTYLE WOMEN 11+				Heat:5, starttime: 10:38			
Heat: 5/6 Lane : 8 Athlete: GHOOS KATO				Q-time: 00:32:08			
PB (25m pool): 00:32.08 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: 00:32.08 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M					
PB		00:32.08					
		00:32.08					
							

Coach feedback:

Event number: 28: 400M MEDLEY MEN 11+							Heat:2, starttime: 10:48	
Heat: 2/2 Lane : 3 Athlete: VAN HOOFF COBE							Q-time: 05:03:25	
PB (25m pool): 05:03.25 LEUVEN 23/11/2025			PB (50m pool): 05:11.68SB: 05:03.25 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.83		01:10.30		01:49.71		02:29.30
	00:31.83		00:38.47		00:39.41		00:39.59	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:10.74		03:53.94		04:29.13		05:03.25
	00:41.44		00:43.20		00:35.19		00:34.12	
								

Coach feedback: